

TOASTED

★ CRAFTED GRILLED CHEESE & BURGERS ★

ALLERGEN GUIDE: MAIN MENU ITEMS	GLUTEN *	NUTS **	DAIRY †	EGGS ††	SOY ††	VEGETARIAN	VEGAN	ALLERGEN SPECIFICS:
GRILLED CHEESE								
As Gouda As It Gets								
Barbacoa Melt					▪			BBQ sauce
Braised Brisket					▪			BBQ sauce
Buffalo Chicken			▪	▪	▪			Buffalo cheese
Fig & Goat						▪		Mission fig contains honey
Pesto Chicken		▪	▪					Pine nuts in pesto
Smokehouse Melt	▪		▪		▪			BBQ sauce, mac & cheese
The 101						▪		
The Big Cheese						▪		
Truffle Melt						▪		
BURGERS								
Banh Mi Burger				▪	▪			Sriracha mayo
Buffalo Bomb Burger			▪	▪	▪			Buffalo cheese
Angry Burger								
Holy Basil		▪	▪					Pesto contains pine nuts & cheese
Southern Comfort	▪		▪		▪			BBQ sauce, mac & cheese
The Bella					▪			Mushrooms cooked in soybean oil
The Classic								
Sweet Heat	▪				▪			Sriracha BBQ
Viva La Vegan	▪	▪			▪		▪	Toasted sauce contains soy & gluten Patty contains flax seed (nut allergen)

* Gluten warning: French or Wheat sandwich bread and buns are *NOT* gluten-free. Any item with ▪ in the gluten category contains an additional source of gluten besides bread.

** Nut warning: Toasted's bread is produced in a facility that also handles tree nuts. Any item with ▪ in the category contains an alternate tree nut allergen besides the bread.

† Dairy warning: Most menu items contain one or more types of cheese. Any item with ▪ in this the category contains an alternate dairy source other than the cheese listed on the menu.

†† Egg & soy warning: Sandwiches are toasted with a spread containing both egg & soy. Any item with ▪ in this category contains an alternate source of egg and/or soy.

<p style="text-align: center;"><u>ALLERGEN GUIDE:</u> SIDES, SALADS AND INGREDIENTS</p>	GLUTEN *	NUTS **	DAIRY +	EGGS ++	SOY ++	VEGETARIAN	VEGAN	<p style="text-align: center;"><u>ALLERGEN SPECIFICS:</u></p>
SIDES & SALADS								
Angry Mac & Cheese	▪		▪			▪		
BBQ Mac & Cheese	▪		▪		▪	▪		Sriracha BBQ
Fancy Mac & Cheese	▪		▪			▪		
French Fries, salted					▪		▪	Soybean fryer oil
French Fries, truffle oil & fresh rosemary					▪		▪	Soybean fryer oil
Mac & Cheese, regular	▪		▪			▪		
Roasted Tomato Soup			▪		▪			Butter & chicken base
Summer Salad		▪	▪		▪	▪		
Tuscan Salad		▪	▪			▪		
Caprese Salad		▪	▪	▪	▪	▪		
INGREDIENTS								
Balsamic Dressing							▪	
BBQ sauce					▪		▪	Worcestershire sauce
Blackberry Mash							▪	
Blue Cheese Dressing			▪	▪	▪	▪		
Bread, French	▪						▪	
Bread, Gluten Free				▪		▪		Egg white
Bread, Wheat	▪						▪	
Buffalo cheese			▪	▪	▪	▪		
Buffalo Sauce							▪	
Bun	▪						▪	
Caramelized Onion							▪	
Chimichurri sauce							▪	
Cheese, all types			▪			▪		
Confit Portobello mushrooms					▪		▪	Cooked in soybean oil
Garlic Spinach							▪	
Mission Fig						▪		Contains honey
Pesto Sauce		▪	▪			▪		Contains pine nuts & cheese
Pickled Red Onion							▪	
Pineapple, caramelized							▪	

Ranch Dressing			■	■	■	■		
Roasted Red Pepper							■	
Sesame-Poppyseed Dressing					■		■	Worcestershire sauce
Sriracha BBQ Sauce	■				■			Soy sauce & honey
Sriracha Mayonnaise				■	■	■		
Toasted Sauce					■	■		Worcestershire sauce
Tomato Chutney							■	
Truffle Oil							■	
Truffle-Honey						■		
Truffle-Honey Dressing		■	■	■	■	■		Contains pine nuts & cheese
Vegan Cheese, coconut based		■					■	Contains coconut milk & vinegar
Vegan Cheese, Cheddar style							■	

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